



The overriding goal of Arrow's Strengthening Families is to build strong families in strong communities. This includes your family!

You can face the challenges of life with the confidence of a helping hand.



What We Do

Strengthening Families provides in-home, community based support to you in the challenges of parenting.

We can help connect you and your family to resources within your own community at no cost to your family.

Why We Do It

We know that raising children isn't easy. It can bring enormous joy, and sometimes incredible challenges.

Strengthening Families believes that every family deserves the opportunity to achieve their goals on the pathway to success.

How We Do It

Strengthening Families...

- Works with you and with other people in your family and neighborhood who are important to you.
- Works with you to identify and build on your family's strengths to help you meet your needs and the needs of your children.
- Meets with you in your home, your child's school or anywhere in the community... whatever works best for you and as often as needed.

Goals For Your Family

We want to help your family solve the challenges you face. We'll work with you to figure out what your current challenges are, what causes them, and how they can be managed. We'll identify the strengths you already have, and help you develop new ones. We'll ask you about the friends, family, and agencies you already rely on, and help you make new connections with other people and organizations that can also provide support.

Arrow's Commitment To You

We'll treat every member of your family with respect and understanding at all times. That includes respecting your confidentiality. Arrow will not share with anyone, anything you share with us without your written permission, unless we are required to by law.

How We Can Help

- Empower your family to handle future crisis
- Connect your family to formal and informal community supports
- Provide crisis counseling and emotional support to help manage anger, frustration, depression, anxiety, and family disputes
- Coach you on developing interpersonal skills such as conversational skills, assertive skills, listening skills, problem solving and negotiation, giving and accepting feedback and displaying sensitivity to others
- Help you apply to TANF, Medicaid, CHIP, SSI, or other financial assistance programs if needed
- Help talking to your child's teacher or school officials about their educational needs
- Help locate affordable child care, health care, or counseling
- Help finding job skills training or employment services
- One-on-one homemaker skills training to assist with basic household maintenance, food management and nutrition, time and money management, grooming and self-care, transportation methods, academic skills
- Some families may qualify for one-on-one parenting classes
- Some families may qualify for limited financial assistance

All services are confidential.

Strengthening Families

Since 1992, we have been Helping Kids and Strengthening Families through a variety of programs and services from a Christian worldview. Our staff is prepared and eager to do the same for your family.

Strengthening Families is based upon "Family Connections," an evidenced based program developed by the University of Maryland. This program is funded by the Texas Department of Family and Protective Services and is designed to give families practical tools to live a whole and meaningful life.



For information and assistance please call the phone number below associated with your county.

800/556.5750

Dallas, Hood, Johnson, Somerville, Tarrant Counties

877/922.7769

Anderson, Camp, Cherokee, Gregg, Harrison, Henderson, Marion, Panola, Rusk, Smith, Upshur, Van Zandt, Wood Counties

877/922.7769

Hardin, Jefferson, Orange, Polk, San Jacinto, Liberty, Montgomery Counties

866/923.1153

Bell, Bosque, Coryell, Hill, McLennan Counties



Arrow
CHILD & FAMILY
MINISTRIES

National Headquarters
877/922.7769 • www.arrow.org



Strengthening Families Today

...and Building Stronger Families for Tomorrow



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Helping Kids & Strengthening Families Since 1992