Dialectical Behavior Therapy:
Evidence-Based Treatment for Emotion Regulation Disorders

**Location:** Hillcrest Baptist Medical Center, Pearson Auditorium, 3000 Herring Avenue, Waco, TX 76708

**Time:** August 3, 2012, 8:00 am–4:30 pm

**Description:** Waco Partnership for Psychological and Spiritual Care and Hope for BPD are pleased to announce a special one-day training in Dialectical Behavior Therapy (DBT).

Dialectical Behavior Therapy is an evidence-based treatment that was developed by psychologist Marsha Linehan to help individuals diagnosed with borderline personality disorder (BPD). However, DBT has now been adapted for substance use, binge eating, posttraumatic stress disorder, family caregivers, bipolar disorder, trichotillomania, as well as treating patients in forensic settings.

We are deeply honored to have Shari Manning, PhD conduct this important training. She is the author of *Loving Someone with Borderline Personality Disorder: How to Keep Out-of-Control Emotions from Destroying Your Relationship* (Guilford, 2011) and is the co-founder and CEO of the Treatment Implementation Collaborative. Dr. Manning also served as the President/CEO of Behavioral Tech for seven years and has been providing DBT training, consultation and clinical supervision since 1996.

Licensed mental health professionals may apply to receive 7 continuing education credit hours.

**Sponsors**
- Waco Partnership for Psychological and Spiritual Care
- Hope for BPD
- Timberline Knolls

**Cost:** $129 for licensed mental health professionals; $89 for students and interns. The conference fee includes morning coffee, lunch, and educational materials. Registration fees, minus a $25 service charge, will be refunded to participants who send a notice via e-mail no less than 7 days before the training. No refunds will be made thereafter. A colleague may be substituted for no extra charge if Waco Partnership for Psychological and Spiritual Care is notified by August 1, 2012.

**Registration:** Please click [here](http://www.hopeforbpd.com) to register or contact Amanda Smith at amanda@hopeforbpd.com for additional information.

Amanda L. Smith
[http://www.hopeforbpd.com](http://www.hopeforbpd.com)

Treatment Consultation for Borderline Personality Disorder and Self-Injury

*Asking for help makes you stronger and more independent in the long run. —Lisa Najavits*